Sacred Heart Co-Curricular Opportunities

Middle School Level - connor.dunn@jp2schools.org

6th Grade

- Boys' Basketball (winter)
- Boys' Football (fall through FM Athletics)
- Deacons for Life (all year)
- Girls' Basketball (fall)
- Girls' Volleyball (spring)
- MathCounts Competition Day (winter)
- Student Council (all year)
- Theater (winter/spring)
- Track & Field (spring through PE class)

7th Grade

- Boys' Basketball (winter)
- Boys' Football (fall)
- Deacons for Life (all year)
- Girls' Basketball (late fall)
- Girls' Volleyball (fall)
- MathCounts Competition Day (winter)
- Student Council (all year)
- Theater (winter/spring)
- Track & Field (spring)

8th Grade

- Boys' Basketball (winter)
- Boys' Football (fall)
- Deacons for Life (all year)
- Fishing League (spring)
- Girls' Basketball (winter)
- Girls' Volleyball (fall)
- MathCounts Competition Day (winter)
- Student Council (all year)
- Theater (winter/spring)
- Track & Field (spring)

High School Level

The following are all at the high school level and some sports have limited numbers, various playing levels, and try-outs maybe required. These sports follow NDHSAA rules.

7th Grade

- Boys' Golf (spring)
- Boys' Soccer (fall)
- Boys' Swimming & Diving (winter)
- Boys' Tennis (fall)
- Congress (fall)
- Cross Country (fall)
- Debate (winter)
- Girls' Golf (fall)
- Girls' Soccer (spring)
- Girls' Swimming & Diving (fall)
- Girls' Tennis (spring)
- Fishing League (spring)
- Softball (spring)
- Speech (spring)
- Track & Field (spring)
- Trap Shooting (spring) (open to 6th grade also)
- Wrestling (winter)

8th Grade

- Baseball (spring)
- Boys' Golf (spring)
- Boys' Soccer (fall)
- Boys' Swimming & Diving (winter)
- Boys' Tennis (fall)
- Congress (fall)
- Cross Country (fall)
- Debate (winter)
- Girls' Golf (fall)
- Girls' Soccer (spring)
- Girls' Swimming & Diving (fall)
- Girls' Tennis (spring)
- Fishing League (spring)
- Softball (spring)
- Speech (spring)
- Track & Field (spring)
- Trap Shooting (spring)
- Wrestling (winter)

10/19/2026